

# ALBEMARLE NEIGHBORHOOD ASSOCIATION, INC.

## newsletter

SEPTEMBER , 1982 \*\*\* A.N.A. BUSINESS ADDRESS - 226 CHURCH AVENUE. B'KLYN, N.Y. 11218

#### PRESIDENT'S MESSAGE

As we start our 10th year, I would like to welcome everybody back from the summer. I hope that the rest will give us renewed vigor in trying to strengthen our community.

I would like to thank Elsie Kurt and Eleanore Beiserman for the fine re-organizational job on our Car Patrol. The work was hard, but well worth it.

We continue to work with the Ocean Parkway Community Development Corporation to improve the housing stock on Ocean Parkway.

I look forward to seeing you at the September General Membership Meeting to be held on Thursday, September 23 at 8:00 PM at the Flatbush Jewish Center.

Sincerely,

Larry Jayson



AT THE FLATBUSH & SHAARE TORAH JEWISH CENTER

SEPTEMBER 9th, 1982 23rd, " EXECUTIVE GENERAL

All Newsletter material should reach the editor on or before the 10th of each month. Please mail to Carole Jayson, A.M.A. Newsletter Editor, bill Albemarle Road, Brooklyn, New York 11218.

All articles must include the name and address of the writer. Name and address will be withheld upon request.

ANONYMOUS ITEMS WILL NOT BE ACKNOWLEDGED NOR PUBLISHED.

WOULD YOU LIKE TO HAVE YOUR
BIRTHDAY OR ANNIVERSARY LISTED
IN OUR NEWSLETTER? IF SO, PLEASE
SEND CORRECT DATES AND NAMES TO
ELEANORE BEISERMAN
415 ALBEMARLE ROAD

DR. PETER RYMER FAMILY DENTISTRY 108 BEVERLY ROAD PHONE 435-6917

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A.N.A. IS CELEBRATING ITS NINTH YEAR OF CRIME PREVENTION.

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Children Pigeon-toe, Club Foot, Fractures, Knock-knees Bowleg, Flat-feet

Adults Heel Spur. Fractures, Bunions, Hammertoe, Painful Feet

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## ATTEND AMA MEETINGS

EAST AND WEST FOOD STORE
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BEDFORD REFINISHING COMPANY PINE FURNITURE REFINISHING 687 McDONALD AVENUE 436-4300

#### JAKE A BITE OUT OF CRIME "

### How To Frotect Your Neighborhood

b<u>e a good nieghbor</u>: Want to know the best crime prevention device ever invented? A good neighbor. The police can't be everywhere at once, but you and You're the ones your neighbors can. who really know what's going on in the neighborhood.

Put that neighborhood know-how to work. It's simple: just use your eyes and ears - and then your telephone. If you spot something suspicious, call your police station. Don't try to stop a criminal yourself - it can be dangerous.

Report crime. Sounds easy, dossn't it? But only about half of all crimes are ever reported. Too bad, because police can't do anything if they don't know what happened. They say information from people like you is the key to solving many crimes. Even an anonymous tip is better than no report at all. So, don't hesitate! Follow this rule: if you see something suspicious, call police; so that police can act-fast. The longer you wait, the harder it is to catch the criminal.

Start a neighbor watch. It's easy. Get together with neighbors on your block. Exchange home and work telephone numbers and information about daily routines, planned vacations or visitors, scheduled remairs or deliveries. That way, your neighbors know what to look out for. If neighbors spot an unfamiliar car in your driveway or activity in your home while you're away, they know they should call the nolice.

What to look for....You see a stranger hanging around your area offering candy to children...Your neichbors are on vacation, but there's a window open on the first floor....A stranger in the neighborhood knocks on front doors, then walks around to the back...Someone is running down your street with a stuffed pillow case, a suitcase, a TV or radio ...You are awakened late at night by a loud scream and dogs barking...Sometimes the signs of a crime are obvious, sometimes they're not. Trust your EYES, your EARS, and your COMMON SENSE. Anything unusual may point to a crime. Remamber... no detail is too trivial!

Submitted by Ann Mace

THE FOLLOWING IS A PROPOSED SCHEDULE FOR ALBEMARLE NEIGHBORHOOD ASSOCIA-TION MEETINGS FOR YEAR 1982-1983.

SEPTEMBER	9th, 23rd,	1982	EXECUTIVE GENERAL
OCTOBER	14th, 28th,	1982	EXECUTIVE GENERAL
NOVEMBER	4th, 18th,	1982	EXECUTIVE GENERAL
DECEMBER	16th,	1982	GENERAL
JANUARY	13th, 27th,	1983	EXECUTIVE GENERAL
FEBRUARY	10th, 24th,	1983	EXECUTIVE GENERAL
MARCH	10th, 24th,	1983	EXECUTIVE GENERAL
APRIL	14th, 28th,	1983	EXECUTIVE GENERAL
MAY	12th, 26th,	1983	EXECUTIVE PARTY
JUNE	9th, 23rd,	1983	EXECUT Æ GENERAL

MILLIONS U.F DULLARS FOR BRIGHTON BEACH AREA , BUT NOT ONE CENT FOR KENSINGTON.

TO WIT:

Relative to the setest disparity of federal funds, ever to be perpertrated upon citizens, especially wherein Senior citizens are concerned.

In the Brighton Beach area, the residents after months of rallies, meetings and long collegrations, were finally successful to have an escalator installed, for conve nience of all. while in back home in the Kensington Community, a sm allrequest for the reinstallation of a much needed mail -DOX, to be replaced at the corner of mast 3rd ourget and Albemarie Rd. For some nerarious reasons has been turneu

Your Roving Reporter Wants to KNOW - WHY:

Sincerely Yours



CHARTERED 1886 "IS HELPING TO MEET OUR COMMUNITY'S CRETIT NEEDS" 101 Church Avenue Brooklyn, N. Y. 11218 Tel. 435-4300

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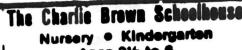
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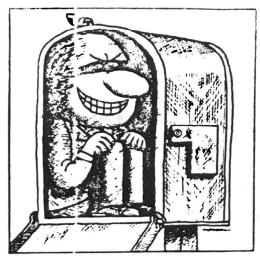
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#### PROTECT YOUR MAIL:

The enclosed material should be used by your group in the Prevention of Mail Thefts. Each of us has an obligation to be a good neighbor. Developing a Tenant Patrol is one step in acheiving this goal. Help protect your mail and that of your neighbors. Follow these helpful hints:

\*Have a person or persons at the mailbox area when your mail is scheduled to be delivered.

\*If mailboxes do not have locking devices, someone could be appointed to be responsible for the mail not picked up at the time of delivery, as long as they have the permission of <u>each</u> addressee.

\*Report suspicious people following the mailman or looking into mailboxes after the delivery of mail.

\*Provide a description of the thief to the local Postal Inspector.

\*Insist upon secure mailboxes at your building.

\*Match the collection box on the street, if one is near your location, possibly as part of the Tenant Partol. Your mail is stored in that box as well as your neighbors.

HELP US REMOVE THE THREAT OF MAIL THEFT FROM YOUR NEIGHBORHOOD AND HELP PROTECT YOUR MAIL AND YOUR MAILMAN

Local Postal Inspector Telephone Numbers:

North Manhattan and Bronx:

665-2800 Extension 230

Brooklyn

330-2588

Nueens

297-1000 Extersion 45

Manhattan

971-7100

Remember: Rewards are paid for information leading to the conviction of Postal Offenders



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> ELEANORE BEISERMAN 415 ALBEMARLE ROAD

#### SAFETY TIPS

Travel ans shop with companions when ever possible during the daytime as well as nighttime. There is greater safety in numbers.

If possible avoid carrying a pocketbook, keep keys and cash in garment pockets or hidden elsewhere on your person .

When walking, and especially when shopping, hold your pocketbook at all times and keep your hand on the clasp to foil pickpockets.

In the theatre or when dining, keep your pocketbook on your lap. Do not place it on the floor, or on another seat, or on the back of a chair.

Take only necessary items when going out. Leave charge cards at home unless you intend to use them. only the cash needed, not more. Keep all personal papers in a safe place at home or in a safe deposit box at your bank.

If your pocketbook is snatched, let it go. DON'T FIGHT FOR IT. Anything in it worth fighting for shouldn't be there in the first place.

A.N.A. IS CELEBRATING ITS NINTH YEAR OF CRIME PREVENTION.

THE WORLD OF G. P. R. DEPARTMENT OF SECURITY SYSTEMS 226 CHURCH AVENUE 851-3031 RALPH T. DENE --- LOCKSMITH License Number 655383 243 EAST 3RD STREET TR 1-1376

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A.N.A. IS CELEBRATING ITS NINTH YEAR OF CRIME PREVENTION. Use 911 to save a life.

or to stop a crime

### \*\* HAPPYGRAM \*\*

### HAPPY BIRTHDAY

SEPTEMBER	1982
1 2	SOSYA KEMPER
2	JENNIFER R. FLEITMAN
5	MILDRED APONTE BERNICE BLOCK
. )	MIRIAM RIVERA
	LARRY SHAPIRO
6	MATTHEW De LORENZO
6 7	CARL LOUIS COHEN
	YELENA FORKOSH
	MILDRED SHAPIRO
9	MARK GOODSTEIN
	VINCENT SANTARO
	EUGENIO BARRIOS
	TONY SANTARO
13 15	TONY SANTARO MAE LABIA PHILIP PASQUALE
15	PHILIP PASQUALE
	BELLA BINDER
	HYMAN PICOTA JAMES BODNER
16	
17	JANE L. STUART GAIL LEVINE
1 /	MAYRA CHAVEZ
	VIVIAN McGLYNN
18	LISA LABIA
	DAVID ARONS
	MICHELE MAHARAJ
	JOHN LABIA, JR.
19	ALEYDA MARIA ROBATTO
20	ellen blaine
•	DORA SHVARTSMAN
	DENISE VALENTINO
22	ROSE FITRE MARISOL RIVERA
0.0	RORY LOCKE
27 28	FRED SAPIO
29	SAM VINDER
30	EUGENTO GENE BARRIOS
)	EUGENIO GENE BARRIOS DONNA KARMIN FEIN

BELATED BIRTHDAY WISHES
TO ESSIE PELLMAN WHO CELEBRATED

HER BIRTHDAY ON AUGUST 16, 1982.

WELCOIE NEW MEMBER

D. HAGARELLA 120 OCEAN PARKWAY

### HAPPY ANNIVERSARY

AND RESIDENCE OF THE PARTY OF T	
SEPTEMBER	1982
1	GAIL AND DAVID
	LEVINE
	ROSE AND ARCHIE FINGER
2	MR. AND MRS. IRVING
ک	
_	ROSENBLUM
7	MICHELE AND RICHARD
	BERGER
12	MR. AND MRS. RALPH
	MANZI
13	GLORIA AND INDAR
	MAHARAJ
18	MR. AND MRS. ROBERT
20	WALLACH
10	
19	MAE AND JOHN LABIA
21	MR. AND MRS. SAL
	${ t SMERAGULIOULO}$
24	SHERRY AND RAYMOND
	VAN DALEY
27	BELLA AND SAM BINDER
30	GLORIA AND EUGENIO
<b>3</b> **	BARRIOS
	PHYLLIS AND CHARLES
	GIANNETTO

CONGRATULATIONS TO BRYNA SAMUELSON OF 120 OCEAN PARKWAY ON BECOMING A GRANDMA OF A GRANDSON JUSTIN, BORN JUNE 19, 1982. THE PROUD PARENTS ARE SUSAN AND SCOTT MERRILL.

CONGRATULATIONS TO BESS TOPEL ON BECOMING A GRANDMA OF A GRAND-DAUGHTER GILLIAN ZABRINA RICCI BORN ON JULY 8, 1982. THE PROUD PARENTS ARE BLANCHE AND BOBBI RICCI.

## In Memoriam

OUR DEEPEST SYMPATHY TO CARMINE MARTELLI OF 114 ALBEMARLE ROAD ON THE LOSS OF HIS BROTHER DOMINICK MARTELLI ON JULY 12, 1982.

OUR DEEPEST SYMPATHY TO MRS. MARGOLIES OF 114 ALBEMARLE ROAD, ON THE LOSS OF HER SON PROMPT PRIVATE CAR SERVICE
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FOR A



BETTER COMMUNITY

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LADIES AND MENS AND CHILDRENS WEAR
DISCOUNT PRICES
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436-9670

70th Precinct 851-5511

## LADIES' HOME JOURNA ITCHEN HAZARDS CHA

#### COMMON ACCIDENTS

#### WHAT TO DO

#### SAFEGUARDS

Grease or broller fire

Do not use water, which will only float the burning grease, not extinguish the flames. . If a skillet of food is on fire, turn off range and slip a lid over pan to cut off all oxygen. e If the broiler catches fire, turn off broiler and use potholders to open oven door. Cover flames with wet lowel to cut off oxygen and douse with baking soda to smother the fire.

**Burning appliances** 

If possible, unplug. In any case, do not use water or you risk electric shock. Snuff out mes with a large, dry towel.

Clothing or hair catches on

Do not run or you may feed the flames. Stop, drop to floor and roll.

First-degree burns (surface manied by some and sting)

Second-degree burns (blisters with swelling and redness) Hold ice against tender burn area with clean cloth. Do not use butter or oil, which causes

Take off any clothing soaked with boiling liquid. Use ice to soothe burned areas. Do not apply cintments or antiseptics. Cover with non-adhesive gauze and bandage loosely. Extent and placement of burn are crucial. Emergency hospital treatment is needed: e if 10% of an adult's body or 15% of a child's (one arm equals about 9% of total body

surface) has been burned. e if the victim shows signs of shock (pale face; cold, clammy skin; sweaty forehead and palms; weak pulse; accelerated breathing or lack of consciousness). He should be kept

flat and wrapped in a light blanket. e if the face or eyes are burned. Burns on joints also need immediate medical attention

because scar tissue may develop that could inhibit movement e if a whole finger or hand is burned, or the skin has been broken or swelling persists.

Tetanus shots and antibiotics may be needed.

The affected area will not be painful immediately because nerve endings are damaged, but apply ice to surrounding skin. Do not apply cold water. (See second-degree burns.)

When cooking with grease, watch for signs of overheating or bubbling over. Keep broiler free of heavy greese buildup and other food drippings.

Do not allow food to accumulate in the bottom of toasters or broilers. Stay in the kitchen when appliances are in use.

Do not cook in flowing garments or with long hair loose.

Use potholders to avoid direct contact with hot surfaces.

Be especially careful with boiling water, hot oil or perking coffee. To avoid being scalded with hot steam, never open a pressure cooker prematurely. Turn handies of pots and skillets toward the back of stove so children cannot pull them down. Keep all cords out of the reach of

youngsters. Set home water heaters at low temperatures to avoid scalding from

Be especially careful near open flames

when children are around.

**EMERGENCY PHONE NUMBERS** 

Third-degree burns (top

levers of skin are burned away)

**Padiatrician** Internist Fire Department. Ambulance . Poison Control Center \_ A basic emergency kit to be kept in a convenient place in the kitchen, but out of reach of children, should include: • small (21/2 lbs.) dry-chemical fire extinguisher, known as an ABC; e fireproof blanket, ave ble at hardware stores; e large bath towel; e small clean towels; e large box of bicarbonate of soda; e sterile cloth pads and bandages; e ipecac, a medicine to induce vomiting; e activated charcoal.

#### COMMON ACCIDENTS

#### Serious cuts or gashes

WHAT TO DO Using rlean, dry towel or layers of gauze, apply pressure to the wound. If blood penetrales cloth, utd more layers. Clotting may take three to ten minutes, so maintain pressure.

If possible, raise wound area above rest of body.

 D r not apply 'tourniquet, which will stop flow of blood to too large an area.
 If the wound is deep or wide, stitches, antiblotics and a tetanus shot may be recessary. When a portion of a finger has been aliced off, pack it in ice and rush to the hospital.

#### Choking on food

**Poisons** 

If the victim is gagging or turning blue, perform the Heimlich Manuever to dislodge food: Adults

e Put arms around victim's waist from behind.

Make fist with one hand and place thumb aids against abdomen, just below rib cage.
 Cup palm of other hand over fist and press into the abdomen with a short, upward

thrust. Repeat, if necessary, until food pope out. Children under four

e Lay child on his back on a flat surface such as chair or table.

e Use index and middle fingers of both hands to press against abdoman just below the rib cage with a short, upward thrust.

e Grasp fist with cupped palm of other hand. Thrust upward into abdomen below rib cage.

Treatment for poisoning depends on the substance and the amount consumed. If one suspects a poison has been swallowed:

e Identify substance and the amount ingested.

 Call local poison control center or hospital emergency room immediately for instructions.
 Do not treat without medical advice. Proceed to the hospital as soon as possible. Induce Vamiling

induce vorning

If non-caustic substance such as aspirin, barbiturates, tranquilizers or some arsenies has been ingested, objective is to remove substance from the body immediately.

• Use emetic such as ipecac syrup. Follow label instructions for desage.

• Do not well for vomiting before rushing to hospital.

Do Not Induce Vomiting

Caustic substances such as acid (in some drain or toliet-bowl cleaners), tyes (in some non-phosphate detergents, paint removers, cleaning agents) or oil-based distillates (turpentine, gasoline, kerosene, paint thinners) should be diluted in the stomach. Vomiting will only cause further internal damage to the throat and esophagus.

only cause further interest on the control of the c

e Shut off power source, if possible. Otherwise, disengage victim from current using pedded potholder mitts to protect yourself. While there may be little visible damage, internal injury may have occurred. Victim needs emergency treatment if dazed or in shock. 9 Keep him flat and wrapped with a light blanket.

Remove any mucus or foreign matter from throat and nose.

Eye injuries

Electric shock

e in the event of contact with soap, detergents or chemicals, week affected area with cold running water for up to 15 minutes. Cover with gauze and proceed to emergency room.

e If a rough-edged particle gets in the eye, do not flush out. To avoid abrasions, keep the metall immobile by lightly pressing a sterile gad against the lid and rush to the hospital.

#### **SAFEGUARDS**

Keep cutting instruments well-sharp-ened; many accidents occur with dull knives. Pay attention when using a knills. Cut away from body and use cutting board. Do not leave knives loose in a drawer or dish rack, and keep all such utenells out of the reach of children.

Especially for small children and adults with false teeth, cut food into bite-size pieces and discard any tiny bones beore serving.

Don't leave cleaners, detergents, medicines or other potentially dangerous substances where small children can get them. Use child-proof locks on all cabinets containing such products, and label bottles clearly. Use child-proof eps. Never transfer a potentially harmful substance into an unmarked or mislabeled jar that an adult might mistake for something innocuous.

flake sure outlets are covered and no extension cord wires are expos not use electrical gadgets with wat hands or leave appliances near water.

Point aerosols away from eye and wear goggles. Don't use potentially den-gerous materials when home alone.

#### Recurring Shoulder Pain Call For Action Now

by Dr. Mario Dario Chiropractor

Shoulder pain, as a symptom, is easilly recognized but seldom understood.

Earlier, less acute symptoms provide the tip-off. What often results in the aching, throbbing shoulder is a condition that began as stiff and tender "shawl" muscles across the top of the shoulders.

Left untreated that stiffness and tenderness can progress over a period of weeks to ultimately reach an intensity that is almost unbearable. Burning ache of shoulder can and often does extend into the neck and head.

Obviously, neck and shoulder movement then becomes increasingly difficult and painful. The first serious interest in correction frequently follows the frustration a person has who attempts to shave or comb the hair or shampoo it, as that action can cause an increase in sharpness of pain down the arm and tingling in the fingers.

Ultimately weakness and fatigue, tremor of the arm accompanies the pain and the muscles across the chest may become tender. The symptoms then are all the more recognizable and made more severe by coughing or sneezing.

Ultimately, nature responds to the incessant pain with varying degrees of immobility.

Shoulder and arm pain constitutes the most frequently recognized symptom of structural defects in the lower neck and upper spine.

Abnormally small or distorted nerve openings in the upper spine serve to irritate the nerves which pass through them to supply the shoulder, neck, arm, upper back and chest muscles. It follows that muscles supplied by irritated nerves themselves become tense, painful, and lose their normal elasticity and ability to relax.

Experience has shown that shoulder and arm pain respond to the specialized care offered by the Doctor of Chiropractic.

The early warning symptoms of pain and tenderness are calls to action. Shoulder and arm pain will probably never permanently correct themselves.

### Use 911 to save a life,

or to stop a crime

A.N.A. Member Ann Kayata Recommends;

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#### LITTLE THINGS

It takes a little muscle, it takes a little grit,

A little true ambition with a little bit of wit.

It's not the biggest things that count, and make the biggest show;

It's the little things that people do, that make this old world go.

A little bit of smiling, and a little sunny Chat.

A little bit of courage to a comrade slipping

It takes a kindly action, and it takes a word of cheer,

To fill a life with sunshine, and to drive away a tear.

There's a big difference between anxiety and stress. Anxiety is when you're walking down the street with your boss and you suddenly say, " Migosh!" There's my wife and the woman I'm fooling around with. Stress is when your boss looks - and says the very same thing .

" There was this lady from France", Who decided to take a chance, She let herself go For an hour or so . And now all her sisters are aunts.

#### A Salute to the Teachers

A Teacher's work is never done. A Teacher is Father, Mother all in one. A Teacher must be Firm, yet gentle and calm Must never give cause for undo alarm. A Teacher is a hundred tomorrows rolled into one Guiding the destinies of both daughter and son. So let's give a big Hello, with a smile and a cheer To all the teachers both far and near.

Jules Chalif

I' CRANDDAUGHTER WHO'S NAME IS LARY DONYELLY WHO IS A LITTLE OVER THREE YEARS OLD. SHE SAID TO ME GRANDIA, I WILL BUY YOU A RED CAR. I SAID, MARY I DON'T DRIVE, SHE SAID GRANDHA JUST PUT THE KEY IN THE CAR AND THE CAR WILL GO. O. K.

> SUBLITTED BY A PROUD GRANDMOTHER AND MEMBER. "

ADCLECCENCE: When children begin to question the answers.

A CABICATURE: In excellent dislikaness of the spoject.

WIFTER: The time of the year then your enn win't stert and your fuel ซู้ไว้ได้ พอแ'จ ฮอาด.

INFLATION: Prosperity on the rooks.

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l cup margarine or butter ( ½ lb)

3/4 cup sugar

4 eggs, separated

1 tablespoon lemon rind

l cup yellowseedless raisins

3/4 cup chopped walnuts ( or cut into small pieces)

l tablespoon lemon juice

Cream margarine and 3/4 cup sugar, add egg yolks and lemon rind. Beat until light and fluffly. Stir in flour. Spread evenly in 13 X 9 " pan. Bake at 350 for 15 minutes. Cool immediately.

Beat egg whites until soft peaks Gradually add 3/4 cup sugar until consistency of marshmallow. Fold in raisins, nuts and lemon juical. Spread over baked base. Bake at 350 degrees, 25 minutes or until golden brown. Cool slightly. Cut into 28 bars.

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